



PARENTAL EMOTIONAL DISTANCE OR SUDDENLY NEGLIGENCE FOR LOW ACADEMIC ACHIEVEMENT A MAJOR STRESS FACTOR FOURTEEN AGE CHILDREN

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ABSTRACT

The Present study examined that the Bengal parents, One of the biggest sources of pride is when their children achieve academic success. Similarly when children do not get success in what their parents like, the system makes them believe that they are not capable.

Then parents behaving their child not joyful. Parental emotional distance and suddenly negligence instead lives of children are full of stress, tension apprehension, anxiety which many a times leads of depression facing too much pressure can have a lasting negative impact on a child.

KEYWORDS : ADHD, Emotional Distance, Maladjusted behavior, Suicide.

INTRODUCTION

A child is emotionally connected with his parents. But sometimes we can see that the teenage child get detached mentally from their parents when they are unable to express their thoughts and problems to them. When the child suddenly utterly deprive or emotional distance from their parents this places the child in a state of psychological conflict and severe emotional anxiety and when it get intensified, the mental stress reaches to its highest level and sometime suicide or addicted behaviour assist among them.

The present study emotional distance or suddenly negligence for examined low academic achievement is stressful in children's learning and behavior among parents of 159 children between 12-18 years of age, 87 children of parents with ADHD and other disruptive or Maladjusted behaviour of West Bengal Govt and private schools.

[Few Reports of disruptive or Maladjusted behaviour children]

Report 1: 14 years old Biswadeep Bhattacharya's father wanted to see his promising son become a champion in science Talent Examination. He forced his son to study without any rest. He unable to take much pressure and effect not carry the accepted result. In this time his father make a distance with his son. One day he attempt to suicide.

Report 2: I have to rush for tuition as soon as I return from school. Then I do my home work, As soon as I finish my homework I have to get ready for the Art classes. Previous year I have no time for my own entertainment. My father keep distance with me for some mistakes of last exam of school. Now I feeling much stress and nothing to say anybody? Says - Saibal Giri a student of nineth standard.

Report 3: I want to be a historian but my mother wants me to be K. C. Thomas (Scientist -ISRO). I like to read history very much. When my mother know this clearly and then keep distance and neglect my every work. ' said Kabita Ghosh.

All the above cases and compared to children's of parent without ADHD and other Maladjusted or disruptive behaviour. Children's of parent with ADHD and other Maladjusted or disruptive behaviour reported emotional distance or suddenly negligence of parents stress their lives and the causes of source of their ADHD and Maladjusted behaviour. Children's of parents without ADHD and Maladjusted behaviour reported that their father cooperative and provide support even the time of academic achievement.

Children with disruptive behaviours are at risk for advance outcomes. Parental involvement is a significant predictor of Positive child behaviour outcomes. Now even little research has investigated the role of suddenly parental negligence or emotional distance how much effect their behaviour and study and also type of negligence which much effect their.

Type of parental negligence: When child's low academic achievement affect their father this type of neglect or distance reported by the student.

- **Emotional neglect:** This involves the lack of or inadequate affection and attention for the child. It also includes frequent exposure of the child to spouse abuse and domestic violence and denying the child to enjoy.

- **Inadequate supervision:** Their parents do not responsible enough to care for them after low result. It also involved inadequate supervision for the child as they waste the time not proper way and adopt disruptive
- **Physical neglect:** Some of the seen arise with physical neglect the disregard for appropriate clothing and physical neglect refers to the failure to provide a child with basic necessities of life such as food and clothing.
- **Medical neglect:** Their parents do not meet children's basic health care needs. Delay in getting medical attention failure to get competent medical attention.
- **Educational neglect:** This includes allowing truancy not showing adequate interest in a child educational progress, not providing special assistance to children.

Some time their parents neglect their but they care their other's child properly that effect the child's emotion. The loneliness and emotional deprivation they suffer mentally and physically sometimes youth will frequently lead them to deny their own needs.

Psychological scars inflicted in such ways may be very severe, leading to much anger and pain in adulthood in which case appropriate form of therapy should be given serious consideration.

It is cleared that the child has both physical and emotional needs that the parents have a responsibility to meet. Both are obviously of Vital importance. When the child suddenly utterly deprived of emotional nurturance this places the child in a state of psychological conflict even turmoil. Sometimes they energy and hurt on the other due to emotional deprivation and negligence.

When the children are experiencing more stress at younger ages our complex society has greatly increased the amount of stress then the parental causes is harmful to them.

All children will experience stress, sometimes significant amounts of it in their lives parents ordinarily fail to recognize the incidence and magnitude of stress in the lives of children. For example, studies have shown that parents perceive children as having (Humphrey, Helping Children manage stress 1998, P8). This is conformed by a nation wide survey that concludes "Parent underestimate how much children worry."

(Witkin kid stress 1999, P11)

When child suffered mentally they

- (1) needs to receive love or affection and attention of parents,
- (2) needs to have personal feelings and emotion respected,
- (3) needs to be free of burden some adult responsibilities /play in care-free manners,
- (4) needs to be encouraged and helped to develop a sense of self worth

- (5) needs behaviour to be guided by compassionate discipline which does not causes physical or emotional damage. For that we can see the cases like suicide, maladjusted behaviour and other mental disturbance among the child which is a big crises in our modern society.

There are scores of students around West Bengal for whose parents even the best is not enough and tragedy like Biswadeep's lurks not to far away. Ambitious modern day parents are passing their child to achieve impossible feats with dangerous results.

Not just in studies but also in curriculum activities or sports. There are many child in almost every school in Bengal who suffer parental negative pressure. Everyday the children are living under stress to prove themselves.

CONCLUSION:

In most of my surveys it is clearly found that the parents are not well acquainted with child Psychology and their child needs in teenage. As a results in our society failure is not considered as a learning process. It is seen as the child's inability. This creates an irrational belief that failure means being unsuccessful in life. When the child achieves low marks in class or they failed the parents without understanding their problem rebukes them which creates a distance between them when their parents suddenly maintain negligence or distance. The parents who can play a supportive role are themselves not equipped to handle such situations. Parents must understand that the teenage has low levels of tolerance and get frustrated easily.

Values are imbibed by the children from the environment that parents create in the home. Over indulgent parents are also a reason for children running away from home claims Chetan Kothari. It is therefore very important that parents pay more attention to the upbringing of children with appropriate nurturing. Parents should remember that academic excellence is not only area in a child's life. Children have a fundamental right to grow happy and healthy child neglect is a specific type of child abuse. The parents need to train himself to accept failure as a part of life than rigidity, low stress tolerance suicide tendency drug addiction or other maladjusted behaviour. A child may not be a star but he/she develop an aptitude for something allowed to develop a good temperament so that he is prepared to become successful in future otherwise many rosy possibilities are die nipped in the bud.

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